

## Abstract

### Optimizing Nicorandil for Spinal Cord Protection in a Murine Model of Complex Aortic Intervention

Yuki Ikeno, MD, PhD; Christian V. Ghincea, MD; Gavriel F. Roda, BS; Linling Cheng, BS; Muhammad Aftab, MD; Xianzhong Meng, MD, PhD; Michael J. Weyant, MD; Joseph C. Cleveland, Jr, MD; David A. Fullerton, MD; T. Brett Reece, MD

Division of Cardiothoracic Surgery, Department of Surgery, University of Colorado, Aurora, United States

**Background:** There are currently no clinically utilized pharmacological agents for the induction of metabolic tolerance to spinal cord ischemia-reperfusion injury in the setting of complex aortic intervention. Nicorandil, a nitric oxide donor and ATP-sensitive potassium (KATP) channel opener, has shown promise in neuroprotection. However, the optimized clinical application of the drug and its mechanism of neuroprotection remains unclear. We hypothesized that 3-days pretreatment would confer the most effective neuroprotection, mediated by mitochondrial KATP channel activation.

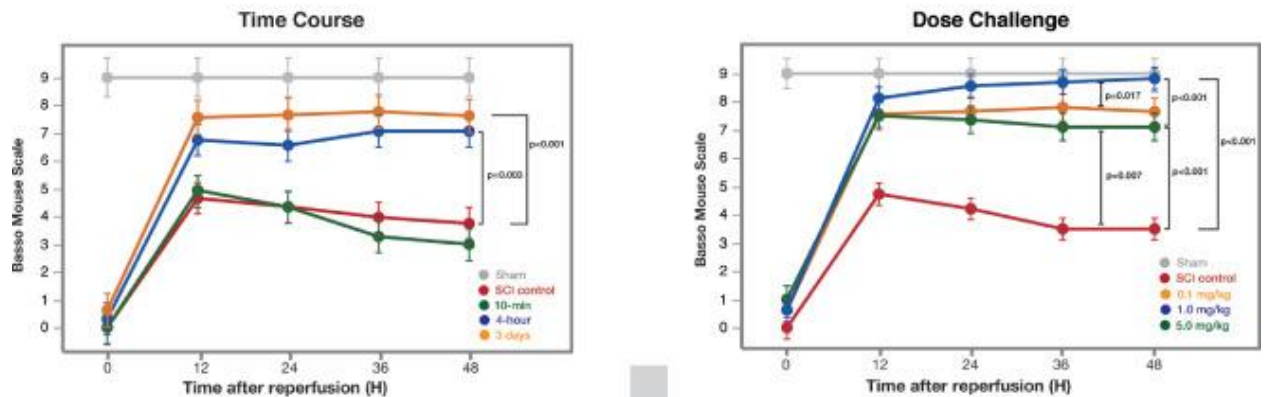
**Methods:** Spinal cord injury was induced by 7 minutes of thoracic aortic cross-clamping in adult male C57BL/6 mice. Time course: mice received 0.1 mg/kg nicorandil for 10 min, 4 hours, and 3 consecutive days prior to ischemia compared with control. Dose challenge: mice received 3-days nicorandil pretreatment comparing 0.1 mg/kg, 1.0 mg/kg, 5.0 mg/kg, and saline administration. Mitochondrial KATP channel blocker 5-hydroxy-decanoate (5HD) was co-administered to elucidate mechanism. Limb motor function was evaluated, and viable anterior horn neurons quantified.

**Results:** Nicorandil pretreatment at 4 hours and 3 days before ischemia demonstrated significant motor function preservation; administration 10 min before ischemia showed no neuroprotection. All nicorandil doses showed significant motor function preservation. Three days administration of Nicorandil 1.0 mg/kg was most potent. Neuroprotection was completely abolished by 5HD co-administration. Histological analysis showed significant neuron preservation with nicorandil pretreatment, which was attenuated by 5HD co-administration.

**Conclusion:** Three days administration of Nicorandil 1.0 mg/kg showed near-total motor function preservation in a murine spinal cord ischemia-reperfusion model, mediated by the mitochondrial KATP channel.

# Optimal Dose and Time Course of Nicorandil Pretreatment for the Induction of Metabolic Tolerance to Spinal Cord Ischemia-Reperfusion Injury

## Post-Ischemic Motor Function



**Three days administration of Nicorandil 1.0 mg/kg showed near-total motor function preservation**

**Figure 1:** Summary of the results. Three days administration of Nicorandil 1.0 mg/kg showed the most potent motor function preservation in a murine spinal cord ischemia-reperfusion model.