

Patients' Self-Reported Outcomes after Engagement in a Women's Integrative Pelvic Health Program

Chronic pelvic pain is a common condition seen in medicine. Research has looked into risk factors, medical and surgical outcomes, and impact on quality of life. However, there is a gap when looking at integrative, holistic treatment programs. This study seeks to examine patients' beliefs about their condition after engagement in an integrative pelvic health program. Using a six month time frame, patients were sent a survey examining four aspects that the program seeks to address. The goal of this study is to have patients' perspectives drive the creation or modification of pelvic pain treatment plans.