Law enforcement and criminal justice professionals' knowledge and attitudes towards medication assisted treatment for opioid use disorder in rural communities

Alexis Hunter, Linda Zittleman, Kristin Curcija, Jack Westfall

University of Colorado Dept of Family Medicine, High Plains Research Network

CONTEXT

- Drug overdose death rate in individuals released from jail is up to seven times higher than in the general population.
- There is a lack of access to medication assisted treatment (MAT) for opioid use disorder (OUD) in prisons and jails, despite leading health organizations recommendations.
- There is very little known about criminal justice system professionals' knowledge and attitudes towards OUD and MAT

OBJECTIVE

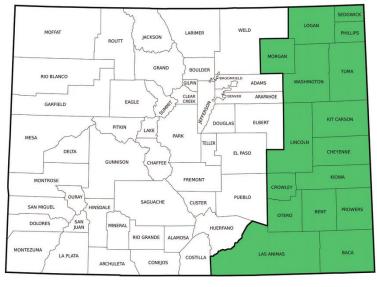
- Describe law enforcement and criminal justice system professionals' knowledge and beliefs related to OUD and MAT in rural communities.
- Explore awareness of MAT-related policies and perceived barriers to MAT in jail and prison settings.

METHODS

- Cross-sectional quantitative survey and qualitative key informant interviews
- Surveys mailed to probation officers, sheriffs, police chiefs, police officers, county court judges, district court judges, and staff
- Key informant interviews conducted with a sample of those surveyed
- Conducted in rural and frontier counties in eastern Colorado in the High Plains Research Network
- Analyses were descriptive







High Plains Research Network Region

Limitation

Absence of data from other members of the CJ-LE community with potentially valuable insights, such as local police officers and other court personnel.

Conclusion

Knowledge and awareness of medication assisted treatment (MAT) and related policies varied greatly among law enforcement professionals. Opportunities to train law enforcement professionals about MAT and efforts to create partnerships between the legal system and medical community could improve the public health response to OUD in this underserved region..

References

- Ahmad, F. B., Sutton, P., & Rossen, L. M. (2022, January 12). Products vital statistics rapid release provisional drug overdose data. Centers for Disease Control and Prevention. Retrieved January 29, 2022, from https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm
- Belenko, S., Hiller, M., & Hamilton, L. (2013). Treating substance use disorders in the criminal justice system. Current Psychiatry Reports, 15(11). https://doi.org/10.1007/s11920-013-0414-z
- "CDHS Announces Funding for Opioid Treatment in 17 County Jails." Department of Human Services. (2019) Retrieved January
 29, 2022 from https://www.colorado.gov/pacific/cdhs/news/cdhs-announces-funding-opioid-treatment-17-county-jails.
- Chandler, R. K., Fletcher, B. W., & Volkow, N. D. (2009). Treating drug abuse and addiction in the Criminal Justice.
- System. JAMA, 301(2), 183. https://doi.org/10.1001/jama.2008.976
- Curcija, K., Zittleman, L., Fisher, M., Nease, D. E., Dickinson, L. M., de la Cerda, D., Sutter, C., Ancona, J., Rank, J., & Westfall, J. M. (2020). Does a rural community-based intervention improve knowledge and attitudes of opioid use disorder and medication-assisted treatment? A report from the IT matttrs study. The Journal of Rural Health, 38(1), 120–128. https://doi.org/10.1111/irh.12545
- Division, N. (2021, October 27). HHS secretary Becerra Announces New Overdose Prevention Strategy. HHS.gov. Retrieved anuary 29, 2022, from https://www.hhs.gov/about/news/2021/10/27/hhs-secretary-becerra-announces-new-overdose-prevention-trategy.html
- Friedmann, P. D., Hoskinson, R., Gordon, M., Schwartz, R., Kinlock, T., Knight, K., Flynn, P. M., Welsh, W. N., Stein, L. A., Sacks, S., O'Connell, D. J., Knudsen, H. K., Shafer, M. S., Hall, E., Frisman, L. K., & for the MAT Working Group of CJ-DAT. (2012).
 Medication-assisted treatment in criminal justice agencies affiliated with the Criminal Justice-Drug Abuse Treatment Studies (CJ-DATS): Availability, barriers, and intentions. Substance Abuse, 33(1), 9–18. https://doi.org/10.1080/08897077.2011.611460
- Friedman, Sally, and Kate Wagner-Goldstein. Medication Assisted Treatment in Drug Courts Recommended Strategies. Center for Court Innovation. (2015). Retrieved on January 29, 2022, from

http://www.courtinnovation.org/sites/default/files/documents/MATindrugCourtsFinal.pdf

- It matttrsTM. IT MATTTRS COLORADO. (n.d.). Retrieved January 29, 2022, from http://itmatttrscolorado.org/.

 Kampman, K., & Jarvis, M. (2015). American Society of Addiction Medicine (ASAM) national practice guideline for the use of medications in the treatment of addiction involving opioid use. Journal of Addiction Medicine, 9(5), 358–367. https://doi.org/10.1097/adm.000000000000166
- o Matusow, H. (2012). Medication assisted treatment in US Drug Courts: Results from a nationwide survey of availability, barriers and attitudes. Journal of Substance Abuse Treatment, 43(3). https://doi.org/10.1016/j.jsat.2012.08.077
- o Medication-Assisted Treatment (MAT) in the Criminal Justice System: Brief Guidance to the States. SAMHSA. (n.d.). Retrieved January 29, 2022, from https://store.samhsa.gov/product/Medication-Assisted-Treatment-MAT-in-the-Criminal-Justice-System-Brief-Guidance-to-the-States/PEP19-MATBRIEFCJS
- o Merrall, E. L., Kariminia, A., Binswanger, I. A., Hobbs, M. S., Farrell, M., Marsden, J., Hutchinson, S. J., & Bird, S. M. (2010). Meta-analysis of drug-related deaths soon after release from prison. Addiction, 105(9), 1545–1554. https://doi.org/10.1111/j.1360-0443.2010.02990.x
- o Pope C, Ziebland S, Mays N (2006) Analyzing qualitative data. In: Pope C, Mays N (eds) Qualitative research in healthcare. 3 ed. Blackwell Publishing, Oxford.
- Ranapurwala, S. I., Shanahan, M. E., Alexandridis, A. A., Proescholdbell, S. K., Naumann, R. B., Edwards, D., & Marshall, S. W. (2018). Opioid overdose mortality among former North Carolina inmates: 2000–2015. American Journal of Public Health, 108(9), 1207–1213. https://doi.org/10.2105/ajph.2018.304514
- Release from prison a high risk of death for former inmates. (2007). New England Journal of Medicine, 356(5), 536–536.
 https://doi.org/10.1056/nejmx070008
- U.S. Census Bureau quickfacts: Colorado. Quick Facts Colorado. (2021). Retrieved on January 29, 2022, from https://www.census.gov/quickfacts/CO
- Winkelman, T. N. A., Chang, V. W., & Binswanger, I. A. (2018). Health, polysubstance use, and criminal justice involvement among adults with varying levels of opioid use. JAMA Network Open, 1(3). https://doi.org/10.1001/jamanetworkopen.2018.0558
- o Zittleman, L., Curcija, K., Nease, D. E., Fisher, M., Miriam Dickinson, L., Thomas, J. F., Espinoza, A., Sutter, C., Ancona, J., Holtrop, J. S., & Westfall, J. M. (2022). Increasing capacity for treatment of opioid use disorder in rural primary care practices. The Annals of Family Medicine, 20(1), 18–23. https://doi.org/10.1370/afm.2757
- o Zittleman, L., Curcija, K., Sutter, C., Dickinson, L. M., Thomas, J., de la Cerda, D., Nease, D. E., & Westfall, J. M. (2020). Building capacity for medication assisted treatment in rural primary care practices: The it matttrs practice team training. Journal of Primary Care & Community Health, 11, 215013272095372. https://doi.org/10.1177/2150132720953723



RESULTS: 45/63 = 71% response rate

Table 1 Respondent Demographics (N=45)

Characteristic	N =(%)
Gender	
Male	38
	(84.4)
Female	6 (13.3)
Prefer Not to Answer/Missing	1 (2.2)
Race	
American Indian/Alaskan Native	3 (6.7)
Asian	0 (0)
Black or African American	0 (0)
Native Hawaiian/Pacific Islander	0 (0)
White	37
	(82.2)
Other	0 (0)
Prefer not to answer	5 (11.1)
Ethnicity (n=44)	
Hispanic or Latina/o	4 (8.9)
Not Hispanic or Latina/o	36
	(80.0)
Prefer not to answer	4 (8.9)
Role	
Probation officer	6 (13.3)
Sheriff	13
	(28.9)
Sheriff office personnel	5 (11.1)
Police force	5 (11.1)
County court judge	8 (17.8)
District court judge	8 (17.8)
Length in profession	
<1 year-2 years	6 (13.3)
3-5 years	6 (13.3)
6-10 years	7 (15.6)
	7 (15.6)
11-15 years	
>15 years	19

Figure 1 Awareness of availability of medication assisted treatment in community for people coming into contact with justice system

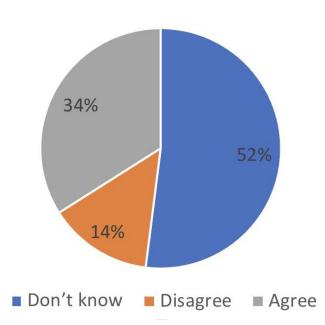


Figure 2 Perceived barriers to using buprenorphine to treat OUD in jail/prison settings

	, 1				
Potential Barrier	Yes n (%)	No n (%)	Don't Know n (%)		
Cost/insufficient funding	14 (33%)	9 (21%)	19 (45%)		
Risk of diversion	8 (19%)	8 (19%)	26 (62%)		
Court policy against its use	0	22 (52%)	20 (48%)		
Lack of local providers	19 (45%)	9 (21%)	14 (33%)		

Figure 3 Awareness of jail/prison policy to screen for opioid use disorder

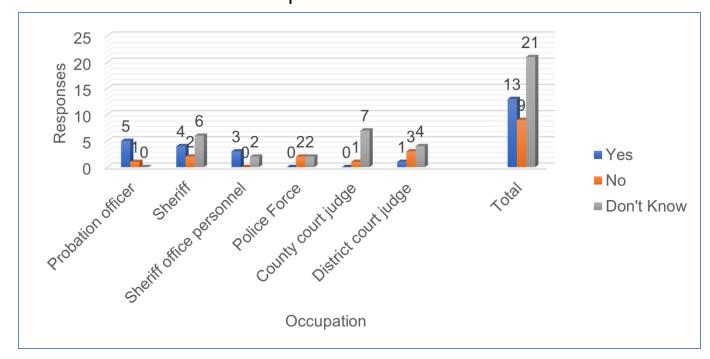


Table 2 Knowledge of opioid use disorder and medication

	assisted treatment							
	Question	N	Do not know responses n (%)	Correct responses n (%)	Incorrect responses n (%)	0		
	Opioid addictions is a chronic disease.	45	2 (4.4)	34 (75.6)	9 (20.0)			
1	Heroin and prescription pain medications target the same area of the brain.	45	16 (35.6)	29 (64.4)	0 (0)			
	Many people who become addicted to prescription pain medicine transition to using heroin.	45	8 (17.8)	32 (71.1)	5 (11.1)	0		
	Medication assisted treatment is an effective method to treat opioid use disorder.	45	15 (33.3)	27 (60.0)	3 (6.7)	0		
	With repeated opioid use, euphoria diminishes and eventually continued use is needed to "just feel normal".	45	10 (22.2)	35 (77.8)	0 (0)			
	Medication assisted treatment with buprenorphine reduces relapse.	43	25 (58.1)	14 (32.6)	4 (9.3)	0		
	MAT with buprenorphine helps reduce crime and re-incarceration.	44	23 (52.3)	16 (36.4)	5 (11.4)			
	MAT with buprenorphine reduces or blocks the effects of heroin.	44	25 (56.8)	13 (29.5)	6 (13.6)			

Key Informant Interview Themes
13 total interviews

Frequency of reported contact with people with OUD varied by region, with participants in SE counties reporting higher frequency compared to those in the NE region
 Most expressed overall positive opinions regarding MAT
 Judges interviewed would consider using a deferred judgment if a person were to complete a MAT program

Expressed a need to address methamphetamine and other drugs, along with treatment for OUD