

Fort Collins Branch Newsletter August 2022

FCB Class Updates

Class of 2026 (Plains Year): Welcome to the Class of 2026! This group went through orientation and first course July 21-28 and had their White Coat Ceremony (see below) on Friday, July 29 at AMC. They started Foundational Principles on Monday, Aug. 1.



Class of 2025: These students will be starting Pre-LIC Basecamp on Sept 6 in preparation for their Clinical Clerkship rotations which begin on Sept. 19. The LIC-team is currently working on their preceptor matches and assignments.

Class of 2024: This group is continuing with their clerkship experiences. They have completed three Shelf exams with two more to go before the end of their clerkships.

DEIJ Resources

Marcela Henao-Tamayo, M.D., Ph.D., Director of Diversity, Equity and Inclusion for CUSOM @ CSU will be making regular submissions to this newsletter of resources for the FCB community to consider and explore. She encourages everyone to listen to this NPR discussion featuring Linda Villarosa, '1619 Project' journalist lays bare why Black Americans 'live sicker and die quicker.' https://www.npr.org/sections/health-skin-racism-healthcare

Fort Collins Events:

CSU Welcome Week in Downtown

Downtown FoCo will have special welcome events Aug. 15-19 for CSU and affiliated students. Select Downtown businesses will have an exclusive tote bag designed by a CSU graphic design student. The bags will be available with purchase at certain stores.

https://downtownfortcollins.com/event/csu-welcomeweek/.

Geeks Who Drink

This trivia night is offered every Tuesday from 7-9 p.m. at Gilded Goat Brewing, 3500 S. College Ave. #194.

Best Happy Hours for Students

For an upcoming newsletter, we'd like to include a list of the best happy hours for students. If you have suggestions, please send info to Kara @ kara.thompson@cuanschutz. edu.

FCB Student Recognitions

FCB Student Research Published/Recognized: Congratulations to Jen Felker (Class of 2025) for having her abstract accepted to be presented as an ePoster at ECTRIMS (European Committee for Treatment and Research in Multiple Sclerosis). Her abstract will also be published in the supplement of the *Multiple Sclerosis Journal*. The title of the abstract is "Improving Health Literacy in MS through a Multidisciplinary Brain Health Program." Her research entailed implementing a multifaceted virtual patient education program into the standard of treatment for patients with MS in order to improve health literacy and confidence in making personal health care decisions.

FCB Student Recognized for Patient Care at UCHealth: Caitlin Blades, LIC Student in the Class of 2024 was recently recognized in a UCHealth newsletter for her work with a patient at Poudre Valley Hospital. The article *Medical Student Makes a difference in PVH Patient Care* begins "A UCHealth Poudre Valley Hospital patient who struggled with a tough diagnosis later shared his gratitude for support he received from a medical school student. Caitlin Blades advocated for the patient, helped him to have peace of mind and, he said, 'If she ever opens her own practice, count me in. I'll be first in line.' Blades, a student with University of Colorado School of Medicine, is one of a couple dozen studying in Fort Collins through a partnership with Colorado State University." The full article is included at the end of this document (Appendix 1).

Please contact Kara Thompson (kara.thompson@cuanschutz.edu) with any student recognition items to include in future newsletters.

Get Involved at CSU

As a student at the CUSOM, Fort Collins Branch, there are many opportunities for you to get involved in the CSU campus community. This newsletter will be featuring different outlets for involvement at CSU over the next few months. This month, check out the details of the **2022 Involvement Expo at Lory Student Center** on Sept. 6-7.



Hosted by the Student Leadership, Involvement,
Community Engagement (SLiCE) Office, the
Involvement Expo is one of the best opportunities to
get involved in campus life at CSU and the Fort Collins
Community. Learn about ways to get involved in these
categories on Sept 6: Academic; Diversity
+International; Faith, Belief, Spiritual, Religious;
Graduate + Professional; Honorary; Political;
Representative; Social + Recreational. And these
categories on Sept. 7: Community Service Agencies

(non-profit and government-based organizations); Programming + Service; Sports Clubs; and Sustainability.

For details about the Involvement Expo, please visit https://ramlink.campuslabs.com/engage/event/8113379

Grad Student Organizations

For information about various Graduate Student Organizations, visit https://gsc.colostate.edu/graduate-student-organizations/. Some of these include the Graduate Student Council, Graduate Women in Science (Northern Colorado Chapter), Science in Action, Holistic Health Alliance, Society for Advancement of Chicanos and Native Americans in Science. In addition, Graduate QTs is an organization that provides a social, professional and support group for LGBTQ+ and ally graduate students. For more information, please visit https://gsc.colostate.edu/graduate-qts/.



Science on Tap

Learn about local research and "in the news" science from local scientists. This event is typically the last Sunday of the month at the Wolverine Farm Letterpress and Publick House. Visit the Science on Tap social media pages for scheduled events and details. Facebook:

https://www.facebook.com/SoTFoCo/?tn-str=k*F or Instagram: @sotfoco.

About Town - Tour de Fat

New Belgium Brewery's Tour de Fat Fort Collins is **Sat., Sept. 3**. Tour de Fat is a bike festival organized by New Belgium Brewery, makers of Fat Tire. The day starts out with a costumed bike parade and then an afternoon on the lawn with shows, beer and



an opportunity to ride weird bikes. It is essentially a day to celebrate bikes and beer and a chance to send the message that bikes can be a mainstream part of society. https://www.newbelgium.com/events/tour-de-fat2/

BIKE PARADE: 9:30-11:30 a.m., Mountain Avenue west of Howes Street.

FESTIVITIES AT THE BREWERY: 11 a.m. - 8 p.m., New Belgium Brewing, 500 Linden Street.

Schedule:

11:00 AM Liquid Center opens

12:30 PM Variety Acts

1:30 PM Fashion Show

2:45 PM Violet Pilot take the stage

3:00 PM Slow Ride Challenge

3:45 PM Capyac take the stage

5:00 PM Dance Contest

5:30 PM Brothers of Brass take the stage

6:00 PM TBA take the stage

6:30 PM Dale Hollow takes the stage

8 PM Doors close



Bohemian Nights Thursday Night Live

Bohemian Nights Thursday Night Live is a series of FREE summer concerts in Old Town Fort Collins each Thursday running every Thursday through mid September. The concerts are from 7-9 p.m. in Old Town Square. For details, please visit https://bohemiannights.org/index.php.

Upcoming concerts include:

Aug. 11 – Kaleta and Super Yamba Band (Afro-Funk)

Aug. 18 – Izcalli (Rock En Tu Idoma)

Aug. 25 – The Brothers of Brass (Brass Band)

Sept. 1 – Big Richard (Neo-Acoustic Bluegrass)

Sept. 8 – Slow Caves with Companion (Indie Rock and Folk)

Sept. 15 - Neoma with Collyns (Ecuadorian Pop)

Global Sounds in Old Town Square

On Sunday, Sept. 18, Bohemian Nights presents Global Sounds in the Square, celebrating music from around the world, starting at 1 p.m. and running until 6:30 p.m. Please visit https://www.bohemiannights.org/ for details.

The lineup includes:

1-2 p.m. – Kiltro, Chilean Indie Folk

3-4 p.m. – TEKE::TEKE, Japanese Surf Rock

5-6:30 p.m. – Ibibio Sound Machine, Electronic Afro Funk

LGBTQIA+ Behavioral Health Resources

The Student Resident Mental Health Clinic is available to all students enrolled in the schools located at AMC. The clinic offers an LGBTQIA+ specialty sub-clinic which includes affirming, comprehensive and confidential mental health services to graduate students, residents and fellows within the LGBTQIA+ community. Telehealth and in-person services are available upon request. Please contact Benny Chester with questions (Benny.Chester@cuanschutz.edu). To request an initial appointment, please visit https://app.smartsheet.com/b/form/92426eefd0b642af95c6c50daec2821e.

Campus Activities



CSU Home Athletics

Fri., Aug. 12, Women's Soccer vs. Northern Colorado (Exhibition), 1 p.m., Fort Collins Fri., Aug. 26, Volleyball vs. North Carolina, 7 p.m., Moby Arena, Fort Collins Sat., Aug. 27, Volleyball vs. UC Santa Barbara, 7 p.m., Moby Arena, Fort Collins

Tues., Aug. 30, Volleyball vs. Northern Colorado, 7 p.m., Moby Arena, Fort Collins

Thurs., Sept. 1, Volleyball vs. Arkansas, 7 p.m., Moby Arena, Fort Collins

Friday, Sept. 2, Volleyball vs. Florida Gulf Coast, 7 p.m., Moby Arena, Fort Collins

Saturday, Sept 3, Volleyball vs. Alabama State, 1:30 p.m., Moby Arena, Fort Collins

Sun., Sept. 4, Women's Soccer vs. Southeast Missouri, 2 p.m., Fort Collins

Thur., Sept. 8, Women's Soccer vs. Montana, 3 p.m., Fort Collins

Sun., Sept. 11, Women's Soccer vs. Denver, 3 p.m., Fort Collins

Thur., Sept. 15, CSU Volleyball vs. CU, 7 p.m., Fort Collins

For details, ticket information, and a complete schedule of events, visit https://csurams.com/



CU Home Athletics

Thur., Aug. 18, Women's Soccer vs. Weber State, 4 p.m., Boulder Sun., Aug. 21, Women's Soccer vs. San Diego State, 1 p.m., Boulder Fri., Aug. 26, Volleyball vs. Green Bay, 10 a.m., Boulder Fri., Aug. 26, Volleyball vs. Western Michigan, 7 p.m., Boulder

Fri., Aug. 26, Women's Soccer vs. Valparaiso, 4 p.m. Boulder

Sun., Aug. 27, Volleyball vs. Denver, 6 p.m., Boulder

Thu., Sept. 1, Women's Soccer vs. Texas A&M-Commerce, 4 p.m., Boulder

Fri., Sept. 2, Football vs. TCU, 8 p.m., Boulder

Sun., Sept. 4, Women's Soccer vs. Omaha, 1 p.m., Boulder

Fri., Sept. 16, Volleyball vs. CSU, 7 p.m., Boulder

Sat., Sept. 17, Women's Soccer vs. Denver, 1 p.m., Boulder

Sat., Sept. 24, Football vs. UCLA, Time TBD, Boulder

For details, ticket information, and a complete schedule of events, visit https://cubuffs.com/calendar

CSU Rams Football

CSU home football schedule at Canvas Stadium:

Sat., Sept. 10 vs. Middle Tennessee @ 2 p.m.

Sat., Sept. 24 vs. Sacramento State @ 2 p.m.

Sat., Oct. 15 vs. Utah State @ 5 p.m.

Sat., Oct. 22 vs. Hawaii, Time TBA

Sat., Nov. 12 vs. Wyoming @ 5 p.m.

Fri., Nov. 25 vs. New Mexico @ 1:30 p.m.

For details, ticket information, and a complete schedule of events, visit https://csurams.com/

Rams Fan Fest

The CSU Rams will be hosting their Fan Fest on Aug. 13 from noon-2 p.m. at Canvas Stadium. Admission is FREE. Get autographs and meet the student-athletes and coaches, while getting photos on the field. The concession stands and official team store will be open.





Ram Town Set to Become Central Hub of Football Game Days

The central hub for all things tailgating and pre-game celebrating, Ram Town is evolving on Colorado State's campus to bring Ram football fans together like never before!

Located on the corner of Meridian Ave. and Hughes Way, Ram Town will serve as the main tailgating location for all reserved tailgates this season as well as the new home of the Coors Light Ram Walk Tailgate.

Ram Town will also include inflatables and other game day entertainment for the entire family to enjoy as well as front row access to the Ram Walk as the Rams begin their march towards Canvas Stadium.

The Coors Light Ram Walk Tailgate

This event, hosted by the CSU Alumni Association and CSU Athletics, is an open-to-the-public free tailgate with live music and both alcoholic and non-alcoholic beverages available for purchase. An exciting line-up of local live music presented in partnership with KRFC 88.9 FM is scheduled for the 2022 season: Saturday, September 10 – Crescent City Connection; Saturday, September 24 – Southern Fray; Saturday, October 15 – Musketeer Gripweed; Saturday, October 22 – Funky Business; Saturday, November 11 – Titonic; Friday, November 25 – Top Shelf.

Music and the Arts at CSU

<u>Sat., Aug. 13, CSU Dance Lab Summer Showcase</u>, 2 p.m., University Dance Theatre, University Center for the Arts (UCA)

Mon., Aug. 29, Virtuoso Concert Series, Cayla Belamy (Bassoon), 7:30 p.m. Organ Recital Hall, UCA Mon., Sept. 12, Virtuoso Concert Series, The Mendelssohn Trio, 7:30 p.m., Organ Recital Hall, UCA Tues., Sept. 13, Virtuoso Concert Series, Duo Francois, 7:30 p.m., Organ Recital Hall, UCA Thurs., Sept. 22 and Friday, Sept. 23, 7:30 p.m., University Symphony Orchestra presents "A Dark and Stormy Night" conducted by Wes Kenney, Griffin Concert Hall, UCA

For details, please visit https://music.colostate.edu/events/. For ticket information, please visit https://csuartstickets.universitytickets.com/

<u>Sept. 23-Nov. 4, 2022, CIIPE Colorado International Invitational Poster Exhibition 2022, Clara Hatton</u>
<u>Gallery, Visual Arts (551 W. Pitkin).</u> The biennial Colorado International Invitational Poster Exhibition (CIIPE) is a collection from the world's most distinguished poster artists and designers. Hosted by CSU's Department of Art and Art History, CIIPE is one of only a few invitational poster exhibitions in the world.

For additional information and a complete list of art events, please visit, https://art.colostate.edu/events.

In the News

"CSU Offering Naloxone and Overdose Prevention Trainings" by Dell Rae Claravola

https://source.colostate.edu/csu-offering-naloxone-and-overdose-preventiontrainings/?utm_source=newsletter&utm_medium=email&utm_campaign=w0727-22&utm_term=https://source.colostate.edu/csu-offering-naloxone-and-overdose-preventiontrainings/?utm_source=newsletter&utm_medium=email&utm_campaign=w0727-22&utm_content

"CSU's Sue VandeWoude named next dean of College of Veterinary Medicine and Biomedical Sciences" by Allison Sylte https://cvmbs.source.colostate.edu/sue-vandewoude-dean-announcement/

"Q&A: What should we know about monkeypox, and what makes this outbreak different from COVID?" by Allison Sylte https://source.colostate.edu/monkeypox-symptoms-covid/

"CSU students, alumni provide veterinary care to refugees' pets at Ukrainian border" by Jeff Dodge https://cvmbs.source.colostate.edu/csu-students-alumni-provide-veterinary-care-to-refugees-pets-at-ukrainian-border/

"CSU researchers find some CBD benefits, but say 'marketing has outpaced the science" by Mark Gokavi https://chhs.source.colostate.edu/csu-researchers-find-some-cbd-benefits-but-say-marketing-has-outpaced-the-science/?utm source=newsletter&utm medium=email&utm content=topStory&utm campaign=w0601-22

CUSOM Fort Collins Branch Staff Spotlight



Dani Crowell
DOCS and CAPE Coordinator, Fort Collins Branch Campus

Dani was born in Sioux City, Iowa, and grew up in a small rural town in southwest Minnesota. She has a Bachelor of Science in Teaching English as a Second Language for K-12 and a Bachelor of Arts Degree in Creative Writing and Literature. She is currently working on a Master's Degree online. Though she considered a career in healthcare after working as a nursing assistant in college, she turned her focus to education. After graduating from college, she went into the Peace Corps where she worked as a Secondary Education English volunteer in Kyrgyz Republic, otherwise known as Kyrgyzstan. She lived in Gavrilovka village where she taught grades 4-11 at the local school. That experience was cut short in

2020 when COVID hit, and she and other educators there were sent home. She then worked as an ESL teacher in the Minnesota K-12 system for two years until she moved to Fort Collins during the summer of 2022. Dani is the Fort Collins Branch CAPE Coordinator and Plains Coordinator, focusing on DOCS. Her responsibilities include planning and scheduling sessions in the CAPE, as well as setting up the space, prepping, and printing materials for both the CAPE and DOCS sessions. She lives in Fort Collins with her partner Mitchell, her cat named Clover, and his cat aptly named Cat. In her free time, she likes to write fiction and poetry, play video games with Mitchell, take naps with the cats, go ice skating or swimming, and venturing around on impromptu road trips.

CUSOM Fort Collins Branch Faculty Spotlight



Marcela Henao-Tamayo, MD, PhD
Associate Professor, Microbiology, Immunology and Pathology
ASC Immunology Course Director, CU School of Medicine at CSU
Director of Diversity, Equity and Inclusion, Fort Collins Branch
Co-Director, Mycobacteria Research Laboratories

Dr. Marcela Henao received her Medical Degree from the University of Antioquia, Colombia. After finishing medical school, she joined a clinical research group investigating human genetic characteristics that could predispose tuberculosis (TB) disease. After that initial contact with basic research on a devastating global disease, she was determined to pursue a career in the field of research with the goal of preventing diseases. Thus, Dr. Henao obtained a master's degree in Biomedical Sciences emphasis on Immunology. During that time in Colombia, she met professors from Colorado State University and was invited to CSU as a visiting

scientist. She was later awarded a Ph.D. by this institution, where she studied the immune response to pulmonary infectious diseases. Her lab currently focuses on SARS-CoV-2 and TB vaccine research in human and animal models. Dr. Henao's husband is also a researcher at CSU. They have two children and travel to Colombia every year to visit family.

CUSOM – Fort Collins Branch

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Admin phone: 970-492-4204

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Fort Collins, Colorado 80524

Administrative Office Hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

Upcoming Holidays (Administrative Offices Closed):

Monday, Sept. 5, 2022 (Labor Day)



June 2022

Medical student makes a difference in PVH patient care

A UCHealth Poudre Valley Hospital patient who struggled with a tough diagnosis later shared his gratitude for support he received from a medical school student.

Caitlin Blades advocated for the patient, helped him to have peace of mind and, he said, "If she ever opens her own practice, count me in. I'll be first in line."

Blades, a third-year student with University of Colorado School of Medicine, is one of a couple dozen studying in Fort Collins through a partnership with Colorado State University.



Caitlin Blades

They participate in a longitudinal integrated clerkship (LIC) model that allows third-year students to accompany patients through their health care journey – whether trips to primary care, hospital units, specialists or elsewhere – for a year.

"The LIC program is really nice because each day I was able to say, 'I'll see you in the morning. We'll do this together,'" Blades said. "I now better understand the experience patients have in the hospital – the power of hope and the importance of having someone you can talk to, when going through probably the most difficult moment in your life."

Dr. Christina Reimer, who practices internal medicine with UCHealth and serves as assistant dean at the <u>CU School of Medicine branch campus</u>

in Fort Collins, said the program benefits everyone involved.

"The students are definitely part of the health care team for that patient, and they become part of the care team in our clinics," Reimer said.

The first branch campus cohort started with thirdyear rotations in May 2020. Each year, there are eight to 12 third-year students participating in the rotations.

Blades, who is originally from Delaware, will continue her local rotations through November on her path toward becoming a physician, and she is hopeful to become a plastic and reconstructive surgeon. She said the LIC program is a valuable learning experience that has enhanced her ability to provide continuity of care for future patients.

The branch campus offers medical students a smaller, group setting that's community-focused. Reimer said the program is also helping medical students become familiar with northern Colorado, which can lead to improved recruitment and retention of physicians in the area.

Reimer and Dr. Amy Reppert, general and trauma surgeon with UCHealth who is LIC director with the CU School of Medicine branch campus, have recruited hundreds of physicians in northern Colorado who serve voluntarily as preceptors, mentors and instructors.

"We're proud to be able to support these students, and we appreciate the care provided to our patients," Reimer said.

