



THE ARNOLD P.  
**GOLD**  
FOUNDATION

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Gold Humanism  
Honor Society



School of Medicine  
UNIVERSITY OF COLORADO



# The White Coat Ceremony





**During the annual White Coat Matriculation Ceremony, we induct new fourth-year medical students into the Gold Humanism Honor Society. These new inductees (seated) welcome our newest students to the School of Medicine and the profession of medicine.**

# Love Rounds





**Each year during Solidarity Week, fourth-year GHHS students make “Love Rounds” on the wards at University of Colorado Hospital inpatient service for elderly patients, with patients and families at the Children’s Hospital Colorado, and, whenever possible, with seniors at the state Veterans Nursing Home. Weeks before the visits, GHHS students and students from other classes make Valentine cards. The essential ingredients: enthusiastic students, creativity, and a large supply of construction paper, crayons, glue sticks, and glitter. On Valentine’s Day, students share their handmade cards. They stay for an hour or two, talking, laughing, telling stories and delivering a large dose of love.**



Love Rounds





Love Rounds



Love Rounds





**Love Rounds**

# Holiday Caroling





**A cherished annual traditions of our chapter involves holiday caroling at Children's Hospital Colorado. GHHS students enjoy sharing the holiday spirit with the patients and their families, healthcare teams, and each other. Singing carols together generates a strong sentiment of patient- and family-centered care, and reminds us and the medical community that we are not only treating illnesses, but that we also are caring holistically for human beings. Seeing patients' faces light up celebrates this too-often lost art of medicine.**

What Worries You Most?



In 2017, fourth-year medical students in the Gold Humanism Honor Society led a project in the University of Colorado Hospital emergency department where they distributed cards to patients asking, “What Worries You Most?” While some wrote that they were most worried about the condition that brought them to the hospital, many listed concerns beyond their present medical emergency. Some were concerned about their families or their future. Some struggled with economic hardship, a family member’s substance use, losing their insurance coverage, safety on the streets, or a recent loss. We were determined to share our experiences with others on our medical campus and beyond. The original hand-written cards were shared with students, staff and faculty — and with visitors from the community through a months-long public art exhibit on campus. The GHHS student leaders also published their experience, along with several of the handwritten cards, in the *Journal of Medical Humanities* in December 2017.

## WHAT WORRIES YOU MOST?

Fourth-year medical students of the Arnold P. Gold Foundation Honor Society led a project in the University of Colorado Hospital Emergency Department, where they distributed cards to patients that read “What Worries You Most?”



**The patients’ responses were eye-opening.**

Some were anxious about their conditions, their families or their futures. Others struggled with economic hardship, substance use, safety, trust or understanding.

**These cards remind us that the ailments bringing people into the emergency department are often not their main concern.**

**Now on Display in the  
Fulginiti Pavilion Lobby**

*Meet and hear from the students behind this project at a special event on  
Monday, May 8th from noon-1:00pm at the Fulginiti Pavilion.  
Refreshments will be served.*



Center for Bioethics and Humanities  
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS  
[www.coloradobioethics.org](http://www.coloradobioethics.org)



A physical therapy visiting *What Worries You Most?* exhibit.





***What Worries You Most?*** Exhibit at the Fulginiti Pavilion.

WHAT WORRIES YOU MOST?

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About healthcare  
My medicaid got cut last year

Chief Complaint: Rectal pain

Age: 28 Sex: M Acuity: L3

**What Worries You Most?**

WHAT WORRIES YOU MOST?

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Dying

Chief Complaint: Abdominal Pain  
Emesis

Age: 65 Sex: M Acuity: L3



**What is your biggest worry?**

My Heart

My Safety

Kids Safety

**What Worries You Most?**

**What is your biggest worry?**

Not having a  
place to live

¿CUÁL ES SU MAYOR PREOCUPACIÓN?

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ENFERMARME  
Y DEJAR A MI  
FAMILIA SOLA

Chief Complaint:

Age: 26 Sex: M Acuity:

**What Worries You Most?**



## WHAT WORRIES YOU MOST?

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I worry about dying too young  
to see my kids grow up -  
they're 14, 15, + 8. I've got trouble  
with my heart because of the drugs.  
I don't want to be here again,  
but I can't stay away.

Chief Complaint: Chest Pain

Age: 45 Sex: M Acuity: 2

***What Worries You Most?***

WHAT WORRIES YOU MOST?

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my daughter and  
her substance abuse

Chief Complaint: Ascites

Age: 49 Sex: F Acuity: L3

WHAT WORRIES YOU MOST?

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I don't have any worries, but I feel like  
no one ever listens.

WHAT WORRIES YOU MOST?

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paying the bills

***What Worries You Most?***



# WHAT WORRIES YOU MOST?

That i loose the baby and get  
heartbroken because of it.  
A missCarriage is hard  
i dont want to go into  
drepression.

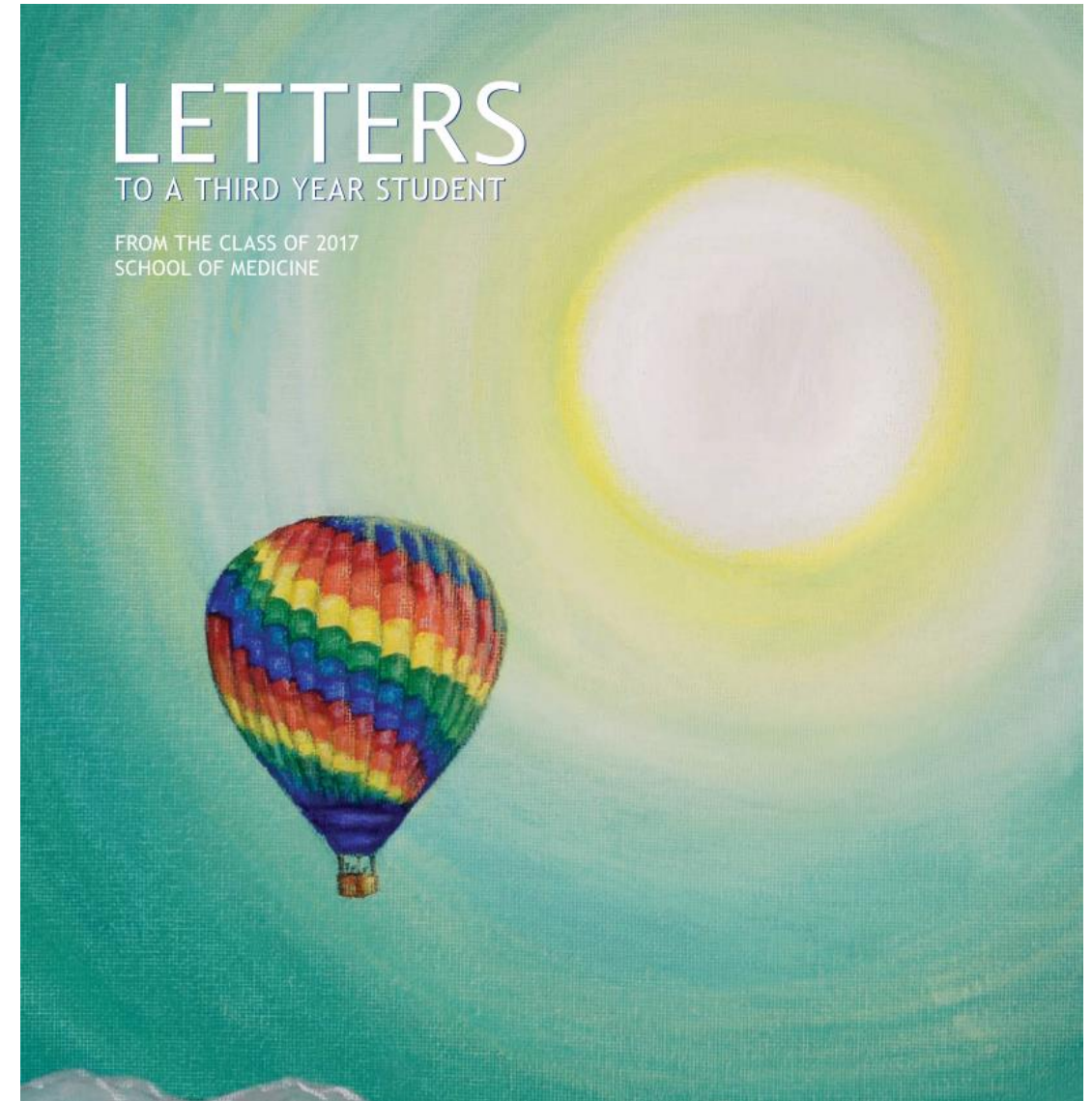
Chief Complaint: vaginal bleeding      Age: 27 Sex: F Acuity: L3

***What Worries You Most?***

# Letters to a Third year Student



Each year, GHHS medical student chapter collaborates with the Arts and Humanities in Healthcare program to co-edit and publish *Letters to a Third-Year Student*. This book is a compilation of letters and poems submitted by graduating medical students. The letters provide advice, wisdom, and tips for success to medical students who are about to embark on their clinical clerkships. This publication fosters connections between senior and junior medical students, as it explores common themes and shared experiences and encourages self-reflection. The letters help new third-years to normalize the common emotions of sadness, fear, burnout and happiness. *Letters to a Third-Year student* includes essays about special patients — patients who helped students learn, who made them laugh or cry, or who called them “doctor” for the first time. An overarching goal of *Letters to a Third-Year Student* is to provide words of wisdom to rising third-year students, so that they recognize the joys of their new profession as they develop habits of compassion, humility and resilience as they begin the process of learning on the wards.



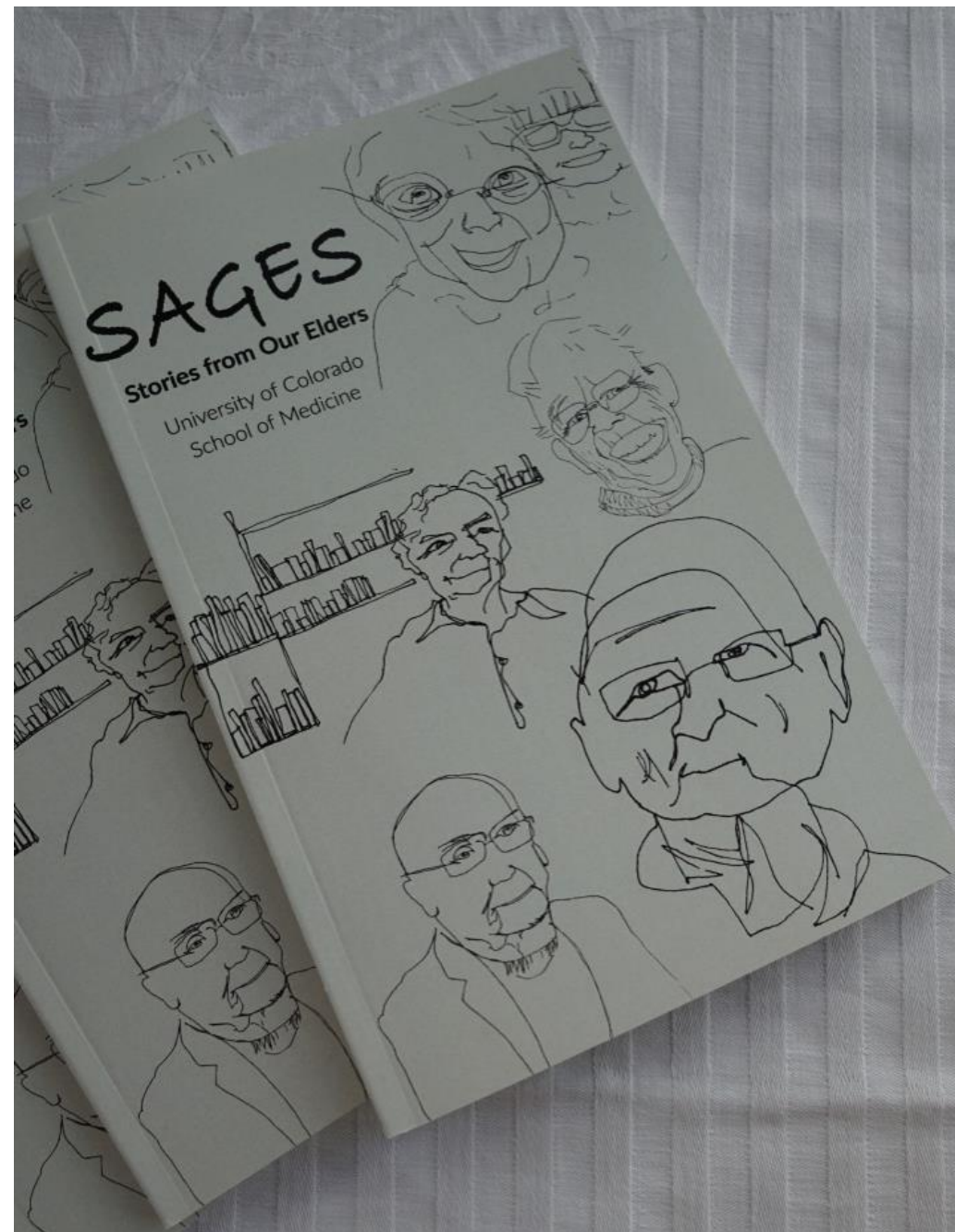
# Sages: Stories from our Elders





**Beginning in 2018, the Geriatric Interest Group and the Gold Humanism Honor Society (GHHS) teamed up to meet with older adults to collect stories about their lives. Medical students from within and outside of the GHHS chapter interviewed patients from the University of Colorado Hospital Seniors Clinic. The patients often picked a story or lesson from their past or shared a general overview of their life. The students took notes and created narratives from their stories. Some of the patients illustrated their stories with newspaper clippings or treasured family photographs. The team compiled these stories into a book; on April 24, 2019 the patients and their student storytellers were honored at a campus reception, where the book was distributed.**

**This student-led project enabled us to appreciate and celebrate the wisdom and lifetime of contributions that our geriatric patients have made to our communities. We also appreciate the contribution they have made to our learning and growth as medical students. From this project, all of the students gained a deeper sense of respect and appreciation for older adults and the importance of geriatric care that includes careful listening and sharing stories. We will expand this project next year to include our other clinics and the state Veterans Home.**







Sages





**Sages**





Sages







Sages







Sages

