2020-2021 Golden Stethoscope Nomination

Nominated for: Best Role Model

Name of Nominee Dr. Allison Trop, MD

Over the past 4 years I have worked closely with Dr. Allison Trop as she has been both my Foundations of Doctoring preceptor and my Emergency Medicine Clerkship preceptor. In this time, Dr. Trop has been my most important role model and I am excited to nominate her for Best Role Model.

Dr. Trop has set an excellent example of how to provide the highest level of care to each patient. I have, on many occasions, seen her advocate for her patients to other providers and healthcare professionals and stand up for her patient's best interest against racism and bias. She approaches every single patient with the same open mind and high level of suspicion for an emergent process. Despite working in one of the busiest emergency departments in the country, she treats every patient with empathy and takes the time to hear their story and update them frequently. She deeply cares for her patients and follows up with many of them in the days following their ED visit just to see how they are doing. Dr. Trop consistently models how to be an exceptional and compassionate clinician.

Secondly, Dr. Trop has been a role model of a strong female leader. She manages the chaotic emergency department with efficiency and grace. She seeks ways to improve flow throughout the entire emergency department and prioritize patient care. In her dedication to improving emergency medicine and emergency department care, she has taken on the role of Medical Director of one the system's emergency departments and was also recently elected the Colorado ACEP President.

Teamwork is essential in emergency medicine, and Dr. Trop is the embodiment of a team player. During many shifts, Dr. Trop has taught me how to use a piece of equipment which the physician wouldn't normally be responsible for setting up or running which speaks to her dedication to the emergency department team and her commitment to continuous learning. She treats the other members of our team, from RNs to EMTs and Scribes to Environmental Services, with respect appreciation, and dignity. She is dedicated to fostering a collaborative environment where team members are encouraged to be their best and work hard for each other and their patients.

Lastly, Dr. Trop has modeled how to be an exceptional educator and mentor. She has consistently gone above and beyond what is expected as a preceptor. She is enthusiastic and passionate in her teaching. Since my first shift, she has created a space where I felt safe to push myself, try new things, and care for more difficult patients. She has guided me to my full potential and encouraged me to push myself inside and outside of the department, while always supporting me with her expertise. She has helped me discover what it takes to flourish in the emergency department.

Dr. Trop is clearly invested in the success of her students. Each shift, she tasks me with setting goals for myself, which she then works diligently to help me accomplish. She lets all other providers know I am with her for the day and encourages them to include me on interesting patients. She also monitors the track board to identify cases throughout the department that will be excellent learning opportunities. Additionally, she takes time during calmer moments of the shift to discuss recent interesting or educational cases she has had, which allows us to expand my learning beyond just patients present in the department on that day.

She has made me feel like an integral part of the team since our first shift together by finding a way to incorporate me into every aspect of the shift, even when caring for emergent patients. She is never too busy or too stressed to teach or allow me to be involved in patient care. She values me as a young health professional and member of our ED team and is eager to hear my thoughts and ideas. Dr. Trop takes time repeatedly throughout our shift to check in for questions and then caps each shift with review of the patients and learning points from that day, as well as one last check in for questions.

Throughout the residency application process, she has continued to be an essential source of support and advice. I cannot thank her enough for the encouragement and support she has provided me. Dr. Trop is genuinely an exceptional emergency medicine physician and an inspirational role model.

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