2020-2021 Golden Stethoscope Nomination

Nominated for: Best Role Model

Name of Nominee Dr. Oswaldo Grenardo

I would like to nominate Dr. Oswaldo Grenardo for the Best Role Model, Golden Stethoscope Award. Dr. Grenardo is a Family Medicine Physician at Centura and has been my foundations preceptor for all 4 years of medical school. Dr. Grenardo models strong interpersonal communication skills with patient and co-workers, leadership skills as both a mentor and as the Chief Diversity and Inclusion Officer at Centura, and he demonstrates how to balance work and family life.

Ever since my first few sessions in clinic as a 1st year medical student I knew that I wanted to learn how to have open and honest conversations with patients like Dr. Grenardo. He models everything that we learn in our communications sessions and is a master of setting the patient at ease with humor, eliciting their perspective, and working in partnership with them to negotiate a plan. In particular, I remember one new patient that was on chronic opioids. His previous physician had retired and when he tried to establish a new physician he was met with a harshness about his chronic opioid use and how he was an "addict," his pain "was in his head," and that he would be "cut-off" and have to use other methods. Dr. Grenardo empathetically listened to the patients' concerns about being in pain and talked him through both the benefits and risks of long term opioids. The patient felt heard and was able to build a partnership with Dr. Grenardo where his opioids would slowly be tapered to a more appropriate dose while trying alternative methods to control his pain. I hope to be able to navigate difficult patient encounters with such grace in the future.

Dr. Grenardo also models strong relational leadership. He checks-in with everyone on his team in clinic regularly and even would text me when I was on rotations outside of the city during 3rd year to check-in as well. As a team leader he felt genuinely interested in each person's wellbeing. Dr. Grenardo has also modeled how to be a patient advocate and take on leadership roles within a healthcare system. He is passionate about diversity and inclusion work and has felt like the Centura system could do better in those areas. He has intentionally sought out additional administrative roles to help be the change and I was excited to watch him become the Chief Diversity and Inclusion Officer this past year. Watching him continue to advocate for patients and systems changes makes me feel empowered to use my voice as a family physician on a local and state level to better my patients' lives.

Lastly, Dr. Grenardo has modeled physician wellbeing through being open and honest with me about not just work, but also aspects of his personal life. I've watched him call his daughter between patient appointments just to check-in or carve out time to travel to see her at college for a few days. He has also shared with me his strategies for self-care including meditation and regularly working out before clinic. He has shown me how you can still prioritize family time and personal wellness as a busy clinician.

Dr. Grenardo models the type of family physician that I want to be: empathetic, a skilled communicator, knowledgeable and competent, a patient advocate, a team leader, and able to still prioritize family time and my own wellness. He has been the Best Physician Model for me during the past 4 years of medical school.

Written by: Haylie Petrick

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