2020-2021 Golden Stethoscope Nomination
Nominated for Best role model
Name of Nominee Dr. Jeremy Long

Working with Dr. Long has been one of my best experiences as a learner. His commitment to his patients, his team, and the learners he interacts with is something that I did not expect when I began my third year as a part of the DH LIC. My initial introduction to him was actually from a resident while I was beginning my Internal Medicine Immersion. What the resident told me prior to the patient's discharge was that, "Oh Dr. Long is their PCP…they are in excellent hands". Without even meeting him, I proudly responded that I was paired with him for my longitudinal immersions. Dr. Long is someone that when you meet you feel at ease with, although I could have easily nominated him for all the golden stethoscope awards I found myself wanting to recognize him for best role model because he essentially checks every box a student would want in a preceptor – he is approachable, a clear communicator, reliable, caring, and will go out of his way to make sure that the learner has the best possible environment to learn and practice the art of medicine. He is very introspective and has exceptional situational awareness. For example, during one of our first encounters together, we had a patient who had made microaggressions that I initially felt uncomfortable towards. Instead of blowing the situation out proportion, he took the opportunity to observe how I would react during the situation and actually focused on my initial reactions. He was able to read the situation well and was professional about it. He allowed us to leave the room and debrief about the comments without making me feel uncomfortable. I don't know many preceptors that would have acknowledged that. At the same time, he showed a level of compassion towards that patient that was deeply rooted in empathy and understanding. Although the patient made ignorant comments, he was able to educate them and communicate in a way that the patient was able to understand which I think truly makes him a phenomenal physician. Out of all the preceptors I have worked with, he has struck me as someone who balances the scale of clinical medicine and humanity. As much as he brings evidence based data to the table, he never forgets the primary concerns the patient's have. Regardless of the amount of stress that he takes on which includes work outside of clinic, I have been more than impressed by the way he is able to juggle all the hats he wears and how well he pours his enthusiasm and feelings to what he does. It's clear he cares and even when times are difficult, he will persevere. Recently after having worked with him throughout the year, a resident had a difficult situation the morning of clinic. He responded to them in an appropriate way, even going out of his way to make sure that they were at ease. It did not matter to him about how much work he would have to take on because he puts others before him. As a first generation medical student, and someone who didn't know much about the medical system to begin with, he was able to take a step back and meet me where I was to show me what the important parts of medicine are. Essentially what I learned from him is that physicians provide a service and have to take an active part in listening to patient's stories. Not necessarily always having to treat disease, but to make sure to establish a relationship that allows patients to share what "they are actually thinking". This makes him unique because I believe he has been able to uncover so much other physicians can't. It's predominately because he has established himself as someone who will go out of their way to make sure that they are in good care. The reason I am nominating Dr. Long for best role model is because he listens. That's really the main reason, which is why I think he's the best role model. He is able to respond well because he listens and takes the time to learn and adapt. I am proud to know this man and would love to someday practice medicine the way he does.

Written By: Eddie Soto