2021-2022 Golden Stethoscope Nomination

Nominated for: Dr. Tyler Anstett

Name of Nominee Outstanding Preceptor

As I finished my first oral presentation with Dr. Anstett, I anxiously looked up at him awaiting his feedback. His first words in response to my rapidly performed oral presentation, "I really liked your HPI, but do you think you were missing anything in your presentation?" As I coursed through my notes, it became glaringly obvious what I had omitted - the patient's labs. With an air of joviality yet utmost seriousness, he replied, "those should probably be in there shouldn't they?" This day from my preceptorship has always stuck in my mind and is a small example of the many interactions I had with Dr. Anstett that have turned into impactful learning experiences.

From the beginning of my time with Dr. Anstett until the end, my shifts with him always carried a feeling of the desire to improve and the willingness to make mistakes. As noted in the example of above, he always made sure to keep things serious and lighthearted enough to ensure the perfect learning environment. As time went on through out the year, most of my questions were met with "well, you tell me," pushing me to work through the pathophysiology of each finding in a patient's diagnosis. With his sense of humor and incredible knowledge in medicine, Dr. Anstett guided me through my first taste of time in clinic - and I feel that much more prepared for my clinical year because of it.

Equally important, Dr. Anstett is also the perfect example in which to emulate with his bedside manner and interaction with his colleagues. While I always thought that this would be one my stronger skills going into clinic, he showed me new ways to build a rapport with patients. As the year went on, I began to notice how quickly he gained the trust of his patients - many of which were in suboptimal conditions. Again, his sense of humor and empathy that he employed with me shined through with his patients. I have and will continue to strive to connect with patients in the way he has shown me throughout my time in medicine.

Overall, I believe Dr. Anstett is highly deserving of the Golden Stethoscope Award. He has been instrumental in my development as a future physician.

Written by: Michael Boysen

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