2021-2022 Golden Stethoscope Nomination

Nominated for: Outstanding Preceptor

Name of Nominee Dr. Ashley Brady

I would like to nominate Dr. Ashley Brady for the outstanding preceptor award. I only had Dr. Brady as my preceptor for around 5-6 months, as I had to be rematched partway through the year, but that was all the time that was needed for her to teach me everything I needed to know for my rotations. Dr. Brady is an ER doctor and is able to express two crucial skills for this specialty: thoroughness and efficiency. She has a very no-nonsense way of speaking to both myself and her patients that doesn't involve sugar coating the reality, but does so in a kind and empathetic manner.

As a preceptor, she looks for opportunities for me to learn. For example, when finding out that I needed practice writing properly formatted notes, she took it upon herself to help guide me with writing my first note. After that, she would ask me to write notes and would check them to see how I was improving, despite the fact that it was time consuming for her. If there's a patient that isn't hers but that she knows I will benefit from seeing, she'll let me pair up with one of her colleagues so that I can observe and learn. She is honest with me about what I am good at and what needs more work, which is absolutely crucial for my learning purposes and has allowed me to grow significantly these last few months.

After seeing what I was capable of doing, she gained trust in me and would let me see patients and orally present back to her. Being able to see patients independently has not only helped me become more confident, but has also helped me learn what is important to report back to the doctor in terms of history and exam. In addition, many of the patients I ’ ve been able to see independently seem to love having a medical student on their team and seem to really value getting more one-on-one time with someone to talk about their situation/life.

I previously had never considered emergency medicine as a potential specialty. Now, it ’ s on the top of my list because I have had such a positive exposure to the pros and cons of it. Dr. Brady has helped amplify my love for medicine and patient-centered communication. Rather than being nervous for my upcoming rotations, I am excited and feeling prepared. She is an extremely effective teacher and I am excited for the future medical students that get paired with her in the coming years. She is very deserving of an outstanding preceptor award because of these reasons and because of the excitement and joy that she expresses with medicine as well, which helps to spread the joy to nervous medical students.

Written by: River Evans, CUSOM class of '25

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