

# Required Phase 3 Resources

# **OBGYN:**

Recommended Textbooks for General Reading & Reviewing (Cramming)

- Obstetrics and Gynecology, 7th edition, (2014)
  Charles RB Beckmann, Frank W Ling, Barbara M Barzansky, William NP Herbert, Douglas W Laube, Roger P Smith
- Hacker and Moore's Essentials of Obstetrics and Gynecology, 6th edition (2016)
  Neville F Hacker, Joseph C Gambone, Calvin J Hobel
- Case Files Obstetrics and Gynecology, 4<sup>th</sup> edition (2013) Eugene Toy, Benton Baker III, Patti Ross, and Larry Gilstrap
- Blueprints Obstetrics and Gynecology, 6<sup>th</sup> edition, (2013), Tamara L Callahan, Aaron B Caughey

#### ADDITIONAL RESOURCES:

uWise Question Banks:

The Association of Professors of Gynecology and Obstetrics (APGO) is a non-profit membership-based organization that promotes excellence in women's health care by providing optimal resources and support for education.

The APGO Undergraduate Web-Based Interactive Self-Evaluation (uWise) exams was developed to help medical students acquire the necessary basic knowledge in Obstetrics and Gynecology regardless of the future medical specialty choice.

To access uWise create a profile:

https://apgo.mycrowdwisdom.com/diweb/institution?guid=355af1d2-82aa-4d04-84ac-9369c6e126b1

There are additional resources for students on the APGO website. To access these click on the section "Student Resources".

# **Community and Primary Care:**

No Required Textbook- see Canvas for all resources

#### **Hospitalized Adult Care:**

We have a **required** text for this clerkship. The text is: Symptoms to Diagnosis: An Evidence Based Guide by Stern, Cifu, and Altkorn.

Other choices to use that are not required are: *Current Topics in Medicine; Rapid Interpretation of EKGs* by Dubin; and any question bank can be helpful in preparing for the written exam.

On-line texts such as Up to Date or MD Consult are recommended to provide additional details pertinent to the problems encountered in your patients; however, this should not be your primary or only source of information.

## **Operative Care:**

NBME Practice Test. \$20 for 50 questions -

http://www.nbme.org/students/sas/masteryseries.html. Four versions available.

BoardVitals: an exam prep tool through the Health Sciences Library.

You can find BoardVitals on the library's database page, or through STAT!Ref. You must register with your @cuanschutz.edu, @childrenscolorado.org or @uchealth.org email address to access BoardVitals.

Please realize that information in most large textbooks was submitted at least two years prior to publication. You will profit most by reading a smaller text, reviewing lecture notes, and using the larger texts and recent journals for references.

Health Sciences Library has a few copies of "Essentials of General Surgery" Check out Ebooks by Subject: Surgery at the HSL Library (https://hslibrary.cuanschutz.edu/ebooks/subject/Surgery)

Suggested Textbooks for Surgery

**Essentials of General Surgery** 

Peter F. Lawrence, MD, et al, Sixth Edition, 2019, Wolters Kluwer (Amazon Price, New, \$72)(Kindle Edition, \$61)

Surgical Recall

Lorne E. Blackbourne, MD, Eighth Edition, 2018, Wolters Kluwer (Amazon Price, New, \$34) (Kindle Edition, \$38)

#### Other Suggested Textbooks for Surgery

Dr. Pestana's Surgery Notes

Carlos Pestana, MD, Fourth Edition, 2018, Kaplan Publishing (Amazon Price, New, \$22) (Kindle Edition, \$25)

Advanced Surgical Recall

Lorne H. Blackbourne, MD, Fourth Edition, 2015, Wolters Kluwer (Amazon Price, New, \$24)(Kindle Edition \$49)

Fundamentals of Surgery

John E. Niederhuber, MD (ed.), 1998, Appleton & Lange (Amazon Price, Used, \$6)

Understanding Surgical Disease – The Miami Manual of Surgery Mark G. McKenny, MD, Patrick C. Mangonon, MD, 1998, Lippincott-Raven (Amazon Price, New \$25)

**Essentials of Surgical Specialties** 

Peter F. Lawrence, MD, 3rd edition, 2007, Lipincott Williams & Wilkins (Amazon Price, New, \$48)

(Kindle Edition, \$49)

Surgery: A Case Based Clinical Review

Christian de Virgilio and Paul N. Frank, 2015, Springer (Amazon Price, New \$67) (Kindle Edition, \$55)

## Suggested References for Surgery

Greenfield's Surgery: Scientific Principles and Practice

Mulholland, Lillemoe, et al, 6th edition, 2017, Wolters Kluwer (Amazon Price, New, \$95) (Kindle Edition, \$154)

Current Surgical Therapy

Cameron and Cameron, 12th Edition, 2017, Elsevier/Mosby (Amazon Price, New, \$125) (Kindle Edition, \$120)

Sabiston's Textbook of Surgery

Townsend, et al, 20th Edition, 2017, Elsevier, (Amazon Price, New, \$125)(Kindle Edition, \$50)

\*Available as an e-book from Health Sciences Library (Free)

Schwartz's Principles of Surgery

Brunicardi, et al. Tenth Edition, 2014 (Amazon Price, New, \$106) (Kindle Edition, \$152)

# Podcasts:

- Surgery 101
- Rocky Mountain Surgery

UWorld - https://www.uworld.com/

ACS Surgery - https://www.facs.org/education/program/simulation-based (Free)

# **Psychiatric Care:**

Recommended Resources:

Library-supplied online databases and collections. The Health Sciences Library provides free online access to DSM-5, other psychiatric texts and practice guidelines.

(Psychiatry Online: <a href="http://hsl-">http://hsl-</a>

<u>ezproxy.ucdenver.edu/login?url=http://www.psychiatryonline.org/.)</u> Board Vitals an online question bank is also freely available through the Health Sciences Center library - http://marketing.statref.com/lp/uc\_denver\_boardvitals.html)

For those who wish to utilize a textbook, successful students in past years have utilized First Aid for the Psychiatry Clerkship (which has been updated for DSM-5). Students have also

found self-assessment resources, such as Pre Test Psychiatry, 14th edition, helpful in preparation for the shelf exam. We have copies of both books, and also Case Files, which we check out to students during the rotation. Past students have also found Blueprints helpful.

## **Emergency Medicine:**

#### Recommended Resources

There are no required resources to purchase for the Emergency Care Clerkship; we will provide you with all educational materials for success in the clerkship. The required readings will be made available to you primarily on the Canvas platform (will host PDFs of some assigned readings) and the cdemcurriculum.com website (will host most of the required readings).

## **Reading Requirements**

The primary educational resources for required reading during the Emergency Care Clerkship are found on the Clerkship Directors in Emergency Medicine (CDEM) curriculum website at cdemcurriculum.com.

An optional text with similar readings to the cdemcurriculum.com site is *An Introduction to Clinical Emergency Medicine, Second Edition* by Mahadevan and Garmel. There is an e-Version of the textbook on Canvas that you are free to download and use during the clerkship. We are however primarily using the online platform for your required Core Clerkship in Emergency Care—Orientation Manual 15 readings hosted by the Clerkship Directors in Emergency Medicine (CDEM) curriculum website.

The primary required readings for the Emergency Care Clerkship are hosted through the free, open-access M3 curriculum on CDEMcurriculum.com website. The website is a new launch in 2016 from the Clerkship Directors in Emergency Medicine working group. We will be using the M3 Curriculum that is written for third year medical students. Links to required reading are listed below.

In the M3 Curriculum at Clerkship Directors in Emergency Medicine M3 Curriculum:

Approach to the Undifferentiated Patient

Approach to Shock

Approach to Trauma

Approach to Altered Mental Status

Approach to Sepsis (found in the M4 Curriculum)

Approach to Poisoning and Toxicologic Emergencies

Additional educational materials are found in Canvas under Modules.

# ICAC (Peds):

#### **Suggested Pediatric Textbooks**

We recommend that you choose a textbook or review book for this rotation. Here is a list of books that students have found useful:

#### Textbooks and References:

- Current Diagnosis & Treatment Pediatrics; Hay, et al This is a short, accessible textbook written by faculty at CU.
- *Nelson's Textbook of Pediatrics* The "big" textbook of pediatrics. There is also a short version (*Nelson's Essentials*) that is good.
- Rudolph's Textbook of Pediatrics Another "big" textbook.
- Atlas of Pediatric Diagnosis, Zitelli & Davis Good for photos of clinical conditions.
- Philadelphia Guide to Inpatient Pediatrics A relatively small book with quick information about clinical manifestations, Ddx, and treatment options for many conditions seen in inpatient pediatrics. Especially recommended if you are planning to go into pediatrics.

#### Review books:

- Case Files Pediatrics While Case Files isn't a great resource for some specialties; it is actually pretty good for pediatrics.
- Blueprints Pediatrics Some students like it, some hate it. The major complaint is that it does not go into enough depth.
- BRS Pediatrics Very comprehensive review, maybe more than you need. Some of our residents really liked it as students.

#### Videos:

• Online Med has videos pertaining to pediatrics. Some of our pediatric residents report these videos as one method of study that they used when they were third year students. https://onlinemeded.org/spa/pediatrics Online Resources

The *Bright Futures Pocket Guide* is extremely useful for your outpatient experience. This booklet contains information about what is covered at the different **well child visits**. While a paper copy can be purchased, a free electronic version is available through the American Academy of Pediatrics! Search for "Bright Futures Pocket Guide" in your internet browser and download it on your phone or tablet.

The *Health Team Works* website has fantastic guidelines for **Pediatric Obesity** and **Pediatric Asthma**. Look them up at:

https://www.colorado.gov/pacific/cdphe/healthteamworks-clinical-guidelines

**PedScripts** is a great resource to improve clinical reasoning in pediatrics. Algorithms help you think through common complaints in pediatric and related illness scripts give additional information about specific conditions. <a href="http://pedscript.businesscatalyst.com/">http://pedscript.businesscatalyst.com/</a>

Children's Hospital Colorado offers numerous clinical care guidelines that are used in our hospitals and clinics. Go to <a href="https://www.childrenscolorado.org/health-professionals/clinical-resources/clinical-pathways/">https://www.childrenscolorado.org/health-professionals/clinical-resources/clinical-pathways/</a> (or search Children's Colorado referral guidelines in your internet browser) to read about asthma, bronchiolitis, pneumonia, croup, headache, UTI, fever in infants <60 days, and more.

### **Shelf Review**

It is also recommended that you use a question bank to study for the shelf exam, in addition to a review book. There is no single question book that we recommend but practicing board style questions has proven beneficial to exam performance. **Start doing questions on day one of the rotation!** If you do 10 questions a night (and 20 a day on weekends) you will be off to a good start for shelf exam preparation!

Question Books/Banks for Shelf Review:

- **Pre-Test Pediatrics** (book) This is the most-recommended resource for pediatric shelf exam study that our pediatric residents used when they were on their peds clerkship. Many report doing the questions twice.
- **UWorld** (online question bank) Our residents report that there are not enough questions in this bank to fully study for the pediatric Shelf. They also note that the questions may be easier than those on the actual exam.

#### Video Review for Shelf Exam:

• High Yield Pediatrics presentation from UT Health. This is a 2-hour video recommended by our residents. It contains questions to help you review for the shelf. Our residents thought this was best used towards the end of the rotation. Evidently, some of the students have had trouble with this video changing its link so search for "Emma Holliday Pediatrics" if the following link does not work. https://www.youtube.com/watch?v=5mFF-WILuQU

# **Applications for Smart Device**

ChildrensMD (Android, iPhone, iPad) - free

While designed for parents, this is a great app for students and residents as they learn the spectrum of severity of common pediatric complaints. It was written by Dr. Bart Schmitt in the Child Health Clinic.

ChildrensMD is derived from the clinical protocols used by pediatricians and nurses in 10,000 practices and 400 nurse advice call centers in the US and Canada. These protocols have been tested for 15 years on more than 150 million symptom calls. This information is available in book form as *My Child Is Sick*: *Expert Advice for Managing Common Illnesses and Injuries* by Bart Schmitt.

# **Podcast**

### **PedsCases**

Covers many clinical topics that third year medical students in pediatrics are expected to know. You can subscribe to the podcast on your smart device and listen as you drive to and from work each day or while you exercise or cook dinner! The cases are also available on their website if you prefer to listen while sitting at your computer.

http://www.pedscases.com/podcasts