

Daily Record Sheet

To Nurse Educator: _____ Physician : _____
Patient _____ Date of Birth: _____ Parents: _____
Phone: _____ Best time (8 a.m. - 5 p.m.) to reach you: _____

Date	Break fast		Other (optional)		Lunch		Other (optional)		Dinner		Bedtime		Comments (Exercise, illness, snacks, other)
	Resul Its	Insulin Dose	Results	Insulin Dose	Results	Insulin Dose	Results	Insulin Dose	Results	Insulin Dose	Results	Insulin Dose	
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
BG/Ket:													
Time:													
Ket = K etones													

Problem Area(s) Noted:

Suggested Solution(s):

Please note: Make sure insulin doses are included under "Insulin Dose" heading.

From: A First Book for Understanding Diabetes, by Frohnert BI and Chase HP
Available at: <https://www.childrensdiabetesfoundation.org/books>