4th Childhood Diabetes Prevention Symposium General Population Screening for T1D

NOVEMBER 12, 2021 / A VIRTUAL (ZOOM) EVEN

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THE OBJECTIVES OF THIS SYMPOSIUM ARE:

- 1. Review new preventive approaches
- 2. Summarize currently available screening tools (islet autoantibody assays, genetic risk scores)
- 3. Propose the optimal age and frequency of screening
- 4. Establish essential components of follow-up and monitoring of children who screen positive
- Type 1 diabetes (T1D) affects 1.4 million people in the U.S.
- Clinical diagnosis is preceded by months to years of presymptomatic autoimmunity damaging insulin-producing cells in the pancreas. It can be detected through inexpensive screening for islet autoantibodies.
- The JDRF, the ADA, and the Endocrine Society have defined "stages" of development of T1D. Based upon this staging, T1D should be diagnosed when a child develops multiple islet autoantibodies (stage 1), irreversibly progressing to dysglycemia (stage2), resulting in clinical diabetes (stage3T1D).
- Early detection of stage 1 T1D through screening is important because parents and providers often overlook symptoms of diabetes, particularly as 90% of those developing T1D do not have a family history.
- As a result, half of children newly diagnosed with T1D in the U.S. present with life- threatening diabetic ketoacidosis (DKA). DKA causes brain swelling, permanent memory deficits, and poor longterm diabetes control due to additional loss of insulin-producing cells during.
- Screening for autoantibodies, combined with monitoring of affected children and diabetes education can reduce the risk of DKA to less than 5% and is cost- effective with a lifetime horizon.
- In addition, children identified through the screening at stage 1 or stage 2 T1D can participate in clinical trials to delay or prevent clinical diabetes.



The Barbara Davis Center for Diabetes (BDC) specializes in Type 1 Diabetes (T1D) research and careforchildren and adults. It is one of the largest diabetes institutes in the world. The Center is part of the University of Colorado School of Medicine and has its dedicated building on the Anschutz Medical Campus in Aurora, Colorado.

The Center was funded by Marvin and Barbara Davis, in 1978, and is generously supported by the Children's Diabetes Foundation (CDF).

Clinicians, clinical researchers, and basic biomedical scientists workat the BDC to find the most effective treatment, prevention, and cure for T1D. The Center provides state-of-the-art diabetes care to 4,200 children and 2,800 adults with diabetes from the Rocky Mountain Region as well as receiving national and international referrals. We also provide inpatient care to patients who are seen at the Children's Hospital Coloradowith any type of diabetes.

www.barbaradaviscenter.org



9:15am COST-EFFECTIVENESS MODEL * All times MST **EVALUATION** WELCOME AND INTRODUCTION 7:00am R. Brett McQueen, PhD Marian Rewers MD, PhD University of Colorado Barbara Davis Center for Diabetes Anschutz Medical Campus **SESSION 1: NEW PREVENTIVE APPROACHES** Q & A Panel: J Dunne, L Yu, K 9:25am Simmons, M Rewers, S Rich, 7:05am **TrialNet** W Hagopian, M Trusheim, B McQueen, Kevan Herold, MD A Koralova, F Martin Yale University 10:00 - 10:10Break 7:20am **GPPAD** Anette-Gabrielle Ziegler, MD, PhD Helmholtz Zentrum Muenchen **SESSION 3: FOLLOW-UP AND MONITORING OF** SCREENING POSITIVE CHILDREN 7:35am **PROVENTION BIO** 10:10AM **SPECIALTY CENTER** Francisco Leon, PhD Chief Scientific Officer & Co-Founder BASED MODEL **Brigitte Frohnert, MD, PhD** Q & A Panel: A Steck, K Herold, 7:50am Barbara Davis Center for Diabetes A Ziegler, F Leon, K Simmons 10:25am HEALTHCARE NETWORK **SESSION 2: SCREENING TOOLS, OPTIMAL AGE** BASED MODEL AND FREQUENCY OF SCREENING Kurt Griffin, PhD, MD Sanford School of Medicine **ISLET AUTOANTIBODIES** 8:00am Liping Yu, MD 10:40am METABOLIC MONITORING OF Kimber Simmons, MD ANTIBODY POSITIVE CHILDREN Barbara Davis Center for Diabetes Andrea Steck, MD Barbara Davis Center for Diabetes 8:20am **AUTOANTIBODIES-BASED SCREENING MODEL** 10:55am **PSYCHOSOCIAL ASPECTS** Marian Rewers, MD, PhD OF SCREENING Barbara Davis Center for Diabetes Cristy Geno, PhD Holly O'Donnell, PhD **GENETIC RISK SCORES (GRS)** 8:35am Barbara Davis Center for Diabetes Stephen S Rich, PhD, FAHA Director, Center for Public Health Genomics 11:15am AN OVERVIEW OF PEDIATRIC PREVENTIVE HEALTHCARE IN THE US 8:50am **GRS + AUTOANTIBODIES Erin Ross SCREENING MODEL** Milken Institute William Hagopian, MD, PhD Pacific Northwest Diabetes Research Institute Q & A Panel: B Frohnert, K Griffin, 11:30am A Steck, C Geno, H O'Donnell, E Ross, STATISTICAL MODEL EVALUATION 9:05am D Dalton Mark R. Trusheim President, Co-Bio Consulting, LLC 12:00pm **ADJOURN**