

Save a life

What everyone should know
to stop bleeding after an injury



Ensure your safety.



Look for **life-threatening bleeding**.



Is a **trauma first-aid kit** available?



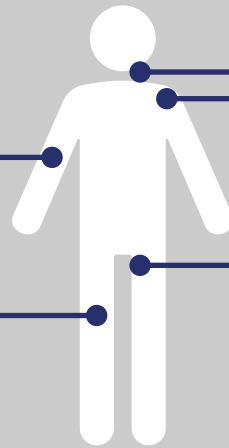
No



Yes

Where is the wound?

Arm
Leg



Neck
Shoulder
Groin

Is a **tourniquet**
available?

Yes

No

▼
**Apply above the
bleeding site.**
▼
**Tighten until the
bleeding stops.**

▼
**Pack the wound
with bleeding
control (hemostatic)
gauze (preferred),
any gauze, or clean
cloth.**
▼
**Apply steady
direct pressure.**

▼
**Use any clean
cloth.**
▼
**Apply steady
direct pressure
directly on the
wound.**